

# The Road to Remote Patient Monitoring

Using telehealth to improve chronic disease management

Remote patient monitoring (RPM) is a type of home telehealth designed to treat patients with chronic diseases such as congestive heart failure, diabetes, and COPD, and to reduce hospital readmissions. At their home, patients collect health data with basic medical devices and transmit these data to clinicians. Patients also respond to brief questionnaires designed to assess general wellness and mood. Clinicians can use the data to monitor patient health and to intervene before rehospitalization occurs.

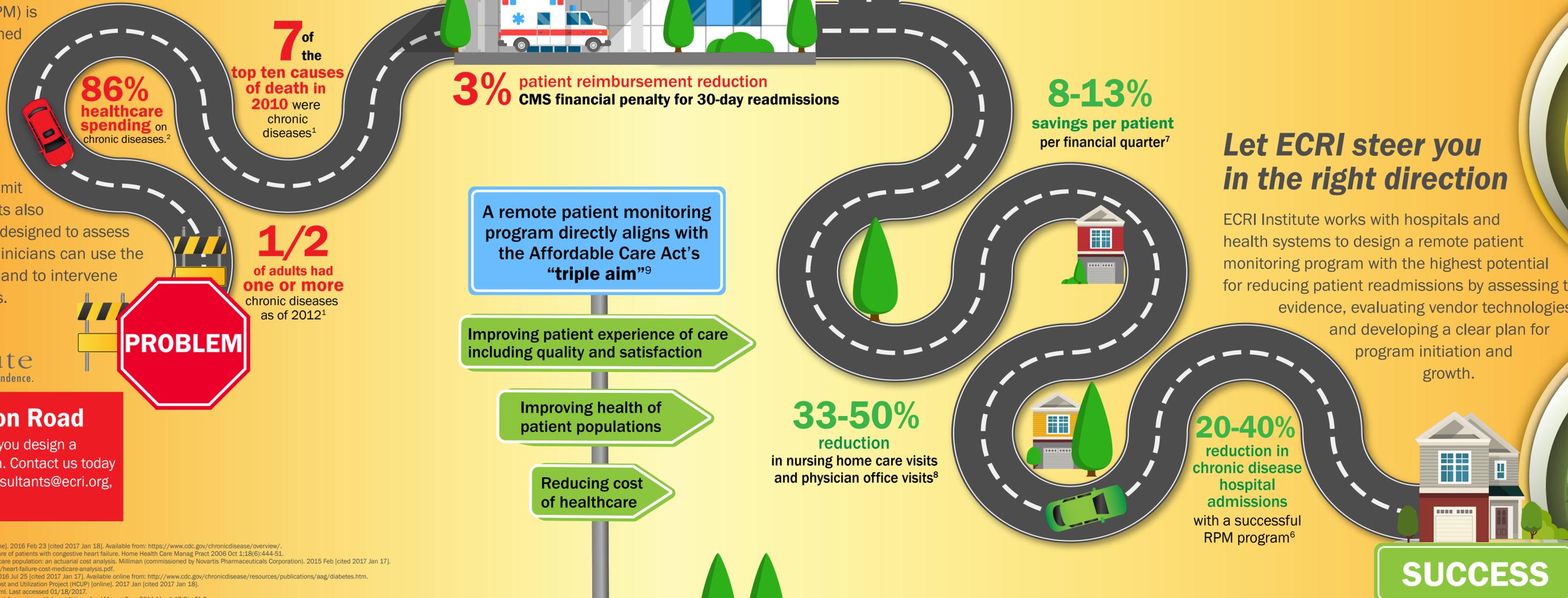
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The Discipline of Science. The Integrity of Independence.

## Stay Off Readmission Road

Learn how ECRI Institute can help you design a remote patient monitoring program. Contact us today at (610) 825-6000, ext. 5655, consultants@ecri.org, or [www.ecri.org/remotepatient](http://www.ecri.org/remotepatient).

### REFERENCES

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Want to develop a successful RPM program?

- PATIENT POPULATION**  
Do our patient population and readmission rates justify an RPM program?
- VENDOR SELECTION**  
How do we evaluate leading vendors' technical capabilities?
- RETURN ON INVESTMENT**  
How do we assess the pricing options to select the most cost-effective solution?